

# A Comparison of Supervisory Characteristics Across Accrediting Bodies and Level of Training

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#### Introduction

Supervision is an essential element in developing highly competent, well trained psychologists. A wide cross section of research studies have investigated characteristics of supervision including: the supervisory working alliance, selfdisclosure, supervisory style, cultural variables, and supervisee ratings of their supervisor. However, there is limited data regarding supervisor characteristics across accrediting bodies and level of training.

# Aim of Current Study

The present study aims to bridge that gap by providing information regarding supervisees satisfaction across accrediting bodies (APA/APPIC and CAPIC) and level of training (practicum and internship). This study builds upon a previous study conducted by Bucky, Marques, Daly, Alley, & Karp, 2010 who surveyed doctoral students regarding various strengths and weaknesses of clinical supervisors.

#### Methods

225 clinical trainees were surveyed using the Supervisee Evaluation of Supervisor Questionnaire (SESQ) originally created by Bucky, et al, 2010. The SESQ consists of:

- A 12 item demographic section
- An evaluation section consisting of 53 items assessing various aspects of a supervisee's evaluation of their supervisor using a 7-point Likert scale
- An open ended section containing three prompts

Statistical comparisons were conducted using SPSS.
Specific statistical tests included ANOVA for initial comparisons and Bonferroni, and N-N-K for post hoc analyses

Knowledge about multiple theoretical orientations		
(1) APA/APPIC	6.23	Significant difference
(2) CAPIC	5.88	between  Group 1 and
(3) Practicum	5.27	Group 3
Knowledge about research		
(1) APA/APPIC	6.00	Significant difference
(2) CAPIC	5.63	between  Group 1 and
(3) Practicum	4.80	Group 3, Group 2 and Group 3
Aware of transference in supervision		
Aware of tran	sference	in supervision
Aware of trans (1) APA/APPIC	sference 5.94	in supervision Significant difference
(1)		Significant difference between
(1) APA/APPIC	5.94	Significant difference
(1) APA/APPIC (2) CAPIC (3) Practicum	<ul><li>5.94</li><li>6.14</li><li>5.22</li></ul>	Significant difference between Group 2 and Group 3
(1) APA/APPIC (2) CAPIC (3) Practicum	5.94 6.14 5.22 ountertra	Significant difference between Group 2 and Group 3  Insference in Significant difference
(1) APA/APPIC (2) CAPIC (3) Practicum  Aware of constant (1)	5.94 6.14 5.22 cuntertra	Significant difference between Group 2 and Group 3

## Results

When looking at the 53 Likert scale questions there were **no** significant differences in the supervisor ratings based on type of accreditation (APA/APPIC & CAPIC). However, significant differences were found on four specific questions when looking at the differences between supervisors at the internship level and the practicum level. In each case the aggregate practicum level supervisor earned lower scores

## Conclusion

The results of the study contribute new information regarding the consistency of doctoral level clinical supervision ratings across accrediting bodies and identify various differences between internship and practicum supervisor ratings.