

# **California Psychological Association Division II on Education and Training: Northern California Invitational Conference on Supervision**

## **Title: Behind the Supervisory Door: What Your Interns Don't Tell You**

**Date:** Saturday, October 11, 2014

Time: 8:00 – 9:00	Registration and Continental Breakfast
9:00-10:30	Presentation
10:30-10:45	Break
10:45-12:00	Presentation and Discussion
12:00-1:00	Lunch
1:00-2:00	Panel Discussion of Vignettes and Participants' Questions
2:00-2:30	Doctoral Candidate/Post-Doc Roundtable Discussion
2:30-2:45	Break
2:45-3:30	Break-Out Groups
3:30-4:15	Break-Out Groups
4:15-4:30	Presentations on discussion from Break-Out Groups
	Q&A
	Closing remarks
4:30	Adjourn and Checkout

## **Syllabus:**

Clinical supervision is the primary manner in which therapists-in-training learn about the art and science of psychotherapy and counseling. The purpose of this presentation is to provide supervisors with an in-depth look at supervision process and outcome. The presentation will include research the speaker has conducted on what risk-related issues trainees and interns do not disclose in supervision. Following the morning presentation by Dr. Ladany, a panel will convene comprised of Drs. Nicholas Ladany, Tammy Anderson, Doug Cort, Lydia Flasher and Melodie Schaefer during which time the panel will review and discuss several supervisory vignettes and questions from the conference participants. Several doctoral candidates and post-doctoral interns will discuss in a roundtable format, their experiences in supervision and perspectives on what facilitates and possibly impedes interns and trainees from revealing important clinical risk information within the supervisory relationship. Break-out discussion groups on target topics relevant to the presentation and supervisory issues will ensure during the later part of the afternoon. Drs. Anderson, Court, Flasher, Ladany, Schaefer, and Dr. Valerie Jordan will lead discussions in each of the break-out groups.

## **Objectives include:**

- Identify the common elements of effective supervision
- Identify the common elements of ineffective supervision
- Review in-depth, a model of supervision
- Learn about supervisee and supervisor secrets in supervision
- Understand the elements of supervisor self-disclosure
- Gain knowledge in the complexities of trainee evaluation