



CAPIC
CALIFORNIA PSYCHOLOGY
INTERNSHIP COUNCIL

Student Newsletter

Greetings!

This has been a very exciting year for CAPIC. Perhaps the biggest news is that this year CAPIC transitioned from paper internship applications to an online application process and match system. For the first time, applicants were able to complete and submit their applications electronically, saving time (a very valuable resource for graduate students), paper, and postage. The shift went smoothly and the first round match was very successful. We would like to congratulate each of the 334 doctoral students who matched to CAPIC internships in CAPIC's first round match. All the best to

you as you begin this exciting chapter of your graduate school career! We wish the best of luck to applicants participating in the second round match. We know how challenging the internship application process can be and we hope that all your hard work pays off. We encourage everyone who participated in this year's application process to share your experience with the electronic application and match by completing the **CAPIC Applicant Survey**. Your feedback will help improve the process for next year's applicants. We are also seeking feedback from current

CAPIC interns about your internship experiences. If you are currently completing an internship, please complete the **CAPIC Intern Satisfaction Survey**.

We hope you enjoy this edition of the CAPIC Student Newsletter. As your student representatives on the CAPIC Board we strive to represent student interests, advocate for students, and to keep you abreast of important CAPIC information.

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What is CAPIC?

Established in 1991, the California Psychology Internship Council (CAPIC) is a robust organization whose present membership includes 26 doctoral programs, 177 pre-doctoral internship training sites, and a growing number of post-doctoral training sites. CAPIC plays a vital role for students who embark on the rigorous training required by the California Board of Psychology (BOP) for licensure in the field of psychology. The BOP recognizes a student completing a CAPIC member internship as having fully met the requirements for a supervised pre-doctoral internship, just as with APA or APPIC member internships. Among its many functions, CAPIC:

- Sets high standards for membership, and assists in providing quality assurance for its member internship training sites.
- Establishes policies and timelines that support the improved application and selection process for students, internship sites and schools. Its new, on-line application and match service streamlines the process for all stakeholders. CAPIC also provides standardized evaluation and contract forms used by internship sites.
- Promotes ethical internship training environments that are sensitive to issues of diversity and culture, supporting the development of clinicians responsive to the clinical needs of California's diverse populations.
- Advocates for increased public awareness of the benefits of student services in the field of mental health.

CAPIC Calendar 2011 – Important Dates

May 2

11 pm: CAPIC Rank Lists Due (Match II)

May 6

8:00 am: CAPIC Match results reported (Match II)

12 noon: Internship Clearinghouse opens for CAPIC Predoctoral Internship Programs which still have open slots. OPEN to all students.

June 3

CAPIC Board Meeting - CSPP/Alliant San Diego

August 4-7

APA Convention – Washington D.C.

CAPIC Prepares Psychologists for Effective Practice in the Public Sector

On March 18 and 19, 2011, CAPIC held a symposium titled “Serving the Underserved: Preparing Psychologists for Effective Practice in the Public Sector.” The symposium, focused on health and education policy issues, explored topics in doctoral psychology training that prepare students to effectively serve the clients of public health systems, whether in traditional mental health settings, substance abuse treatment settings, or in developing integrated care settings. Participants at this small symposium were invited to attend based upon their work in serving public mental health clients or in training students to serve these clients. In total, 81 people were in attendance—62 psychologists and 19 doctoral level clinical psychology students. The symposium was held at the San Jose Airport Garden Hotel, in San Jose, California.

The symposium had five major areas: basic obligations to the public, evidence based practices,

MHSA funded grant projects, psychology education for the future, and advocacy for public mental health service. Each topic was presented by a number of state or national experts, and was followed by a small discussion group.

Symposium speakers included: Larry Beutler, Ph.D.; Patrick DeLeon, Ph.D.; Linda Garcia-Shelton, Ph.D.; Haydee Montenegro, Ph.D., Psy.D.; Eduardo Morales, Ph.D.; Gilbert Newman, Ph.D.; Wayne Parker, Ph.D.; Morgan Sammons, Ph.D., as presented by Steven Tulkin, Ph.D.; Melodie Schaefer, Psy.D.; Jorge Wong, Ph.D.; LaTonya Wood, Ph.D.; and Patricia Wood, Ph.D.

Of note, at the symposium the CAPIC Board of Directors presented to State Assemblyman Jim Beall the first **CAPIC Leadership Recognition Award** for his long and effective legislative work in health care, and on improving basic systems to support



those who are most vulnerable. He was instrumental in the effort to assure California health insurance parity for mental health, substance abuse, and effective preventive services.

All plenary presentations and small group discussions were audio taped, and a number of papers will be prepared based upon this material. It is hoped that attendees will take the obligation to serve the public mental health population as an activist agenda, and will advocate for this obligation in political arenas, educational arenas, and clinical arenas.

Becoming a Competitive Applicant

As a doctoral psychology student, one of the best ways to make yourself a competitive applicant for internships, postdoc fellowships, or jobs is to become actively involved in the psychology community. Opportunities for networking, leadership, and activism abound at the national, state, and regional level. Here are some fun opportunities for professional development that will build your leadership skills and your curriculum vitae:

- Become a Student Affiliate of APA and you will automatically become a member of the American Psychological Association of Graduate Students (APAGS), a rich source for information about research, grants, and other resources.
<http://www.apa.org/apags>

- Join the California Psychological Association (CPA) to stay abreast of issues affecting the field of psychology at the statewide level.
<http://www.cpapsych.org>
- Get involved with the California Psychological Association of Graduate Students (CPAGS) and learn about conferences, scholarships, opportunities for student activism and leadership and more.
<http://psychgrads.com>
- Network with psychologists and trainees in a specialized area of interest by joining a division of APA or CPA. Then make sure to attend the division's forums and social hours at conventions and conferences.

- Meet psychologists in your community by joining your regional psychological association. Your local psychological association may allow students to hold positions on committees or even on the board of directors.
- Assume leadership positions at your university or in your program by joining student government or becoming a student member of the Internal Review Board, or other committees.

Your involvement in professional organizations is an enjoyable way to meet your future supervisors, employers, and colleagues. The time you invest today will open doors for you in the future!

CAPIC Wants Your Feedback!

Did you participate in the 2011 match?

Please complete the CAPIC Applicant Survey available at www.capic.net on May 15th. Your feedback will help us improve the online application and match process for next year.

Are you currently completing a CAPIC internship?

CAPIC wants to hear about your experience. Watch for the CAPIC Intern Satisfaction Survey which will be available on May 15th at www.capic.net.

Did You Know?

Every year, two student representatives are nominated by their schools and then selected by the Board to sit on the CAPIC Board of Directors. This is an exciting opportunity to be part of a hard-working group of individuals who are dedicated to addressing the evolving needs of member internship sites, graduate programs and students.

- Observe a working board first hand, as a participant with a vote!
- Consider questions from a new perspective
- Engage in thoughtful and often spirited debate
- Contribute your professional ideas and participate in projects

If you are interested, contact your Director of Training!

Visit us on the Web!

www.capic.net