



## **Post-Doctoral Fellowship Opportunities Immediate Openings at The Lomi Psychotherapy Clinic, Santa Rosa**

24 hours per week

Pay: \$25 per clinical hour

### **Training and Education**

Our training program is designed to provide graduate students with a strong foundation of knowledge and clinical skills for working effectively with clients in a community mental health agency setting. Training objectives include understanding the theoretical foundations of psychology, the therapeutic relationship, and key stages and processes of therapy. The Clinic provides an integrative approach to mental health care, and interns evaluate each case from psychodynamic, family systems, cognitive-behavioral, attachment, and mindfulness-based somatic perspectives. Treatment planning is directed by understanding each client in his/her uniqueness, and collaboration with the client is stressed. Staff members represent a wide range of theoretical orientations, and we support each therapist's individual approach to providing ethical, effective services for clients.

During the training year, interns solidify their basic skills of observation and assessment, relationship building, treatment planning, and delivery of interventions from several theoretical perspectives. Interns discuss and engage in exercises designed to building their understanding and skills in the following areas: therapeutic frame; case formulation; assessment, diagnosis and treatment planning; use of specific interventions; awareness of one's own personal process; and evaluation of therapy effectiveness. Specific attention is given to the development of good skills in maintaining case records and documentation practices; consultation with other professionals; and ethical and legal issues including informed consent, confidentiality, and mandated reporting.

The training program consists of a 12-month commitment of a minimum of 24 hours per week. Interns maintain a caseload of 12–15 clients and do telephone intakes. Each week, interns participate in three hours of didactic training, one hour of individual supervision, and two hours of group supervision. Interns will be assigned to group and individual supervision times and interns' schedules need to be flexible enough to be able to meet all of the program requirements.

### **PostDoc Responsibilities**

Post-doctoral Interns provide individual, couples, family and group therapy to a wide range of clients. At least 50% of your work will be with Medicare clients. Interns are expected to complete documentation in a timely fashion, and participate actively in supervision and training. Psychological testing for some post-doc interns is possible. Activities including intakes, trainings, staff meetings, outreach and fundraising are part of the overall participation within this community mental health agency.

**Agency Description**

The Lomi Psychotherapy Clinic is a California Licensed Psychology Clinic serving Sonoma County as an affordable, non-profit counseling clinic and training program for predoctoral, postdoctoral and post-master's psychology interns, as well as MFT and ASW interns. Each year, the Clinic provides over 10,000 hours of mental health care. Clinic interns and staff provide brief and long-term therapy to individuals, couples, families, children and adolescents. Group therapy and psychoeducational classes are also offered to the community.

**Agency Mission/Objective**

Our mission is to promote the health and wellbeing of the people of Sonoma County by providing accessible mental health care and innovative education.

**Population**

The Lomi Psychotherapy Clinic serves a diverse population in terms of social-economic, cultural, ethnic, religious, and sexual orientation status and age. We have a grant-supported program offering short-term therapy for persons who are impoverished or homeless, and we also receive referrals from local social agencies, schools, hospitals and crisis clinics.

**Application Procedure**

Applicants should email or mail their application, including a resume, three current letters of recommendation, and a letter describing the applicant's interest in working with the population we serve and within the focus of our training program. Applicants should also discuss the experience they've had working with clients and their goals for personal and professional development. A minimum of one year's experience working in a clinical setting including doing ongoing individual therapy sessions with clients is required. Applicants invited to the interview stage of the process will meet with members of the clinic staff and will demonstrate their skills in a role-play and brief case presentation.

For more information, please contact Thomas Pope, MFT, Clinical Director.

His office number is (707) 579-0465 ext. 225 and his email address is [tpope@lomi.org](mailto:tpope@lomi.org).