

## **Seesaw Psychology Group in San Francisco is seeking a Post-Doctoral Fellow in Child/Adolescent Clinical Psychology**

Seesaw Psychology Group is a well-being studio and clinic for families encouraging social emotional resilience. Our team of child psychologists and multi-disciplinary specialists provide evaluation, therapy, parent coaching, and psycho-education services.

We are centrally located in Hayes Valley, San Francisco. Our outpatient clinic has a steady flow of referrals from families, school professionals and community providers.

### *Our Client Population:*

We serve children, adolescents (ages 12 months to 18 years) and their families. Our clients are from diverse backgrounds and seek to benefit from high quality support services. Common presenting issues include anxiety, social skills challenges, autism spectrum disorder, giftedness, learning disorders/adhd, and emotional regulation challenges. Our families benefit from psycho-education about child development, resilience, wellness, parenting, behavior modification and navigating schools in San Francisco.

### *Program and Model:*

Our approach to working with clients is strength-based and collaborative. We focus on treatments that are skills-based, goal-oriented, practical and evidence-based.

Our clinic team provides comprehensive neuropsychological, psycho-diagnostic and psycho-educational evaluation, consultation, individual and family therapy, parent coaching and school-based interventions. Our multi-disciplinary team includes licensed psychologists, psychological assistants, education specialists, speech language pathologists, occupational therapists and infant toddler specialists.

Team members often work closely with school teams and providers (e.g., pediatrician, psychiatrist, learning specialist) in the local community. Didactic and direct observation and supervision is provided.

Full-time or Part-time: 20 - 40 hours per week. Competitive stipend.

### *Trainee Activities:*

Approximately 50% of time is devoted to evaluation, consultation, treatment and psycho-education activities.

#### 1. Evaluation

- a) intake, interviews, behavioral observations, administer tests, score, analyze
- b) write reports, recommendations, results meeting with family, school consultation

#### 2. Treatment/Therapy

- a) individual, sibling, therapy dyads, family therapy
- b) parent coaching
- c) CBT, mindfulness, behavioral, social skills training

3. Psycho-education classes and playgroups
  - a) facilitate social emotional learning (SEL) groups (school-age to teens)
  - b) parent support
4. Individual and Group Supervision and Didactics
6. Community Outreach and Marketing
  - a) learn business aspects of running a child psychology practice
7. Quality Improvement and Program Evaluation

*Trainee Requirements:*

1. Child-Adolescent Focus — Experience assessing and treating youth. Teaching, group, school experience is a plus.
2. Assessment Experience — Demonstrate strong assessment skills (organization, detail-oriented, writing).
3. Availability — Our clinic is open 6 days a week (Mon - Sat). Must be available after school times and Saturdays.
4. Tech Knowledge — must be able to use a Mac (i.e., Mail, Pages), iPad, email, text as well as file sharing programs efficiently — Dropbox, Google Docs.

Interested candidates, please send the following items to Sabrina Gabel, Ph.D. (clinic director). [Sabrina@seesawsf.com](mailto:Sabrina@seesawsf.com)

- CV
- 2 letters of recommendation and 3 references
- Sample psychological report (de-identified)
- Sample therapy case note or treatment summary or behavioral observation (de-identified).

We are seeking candidates who have completed their doctoral dissertation and graduate studies at scientist-practitioner University program.

We look forward to meeting you!

Stipend: \$3,200.00 /month

Required education:

- Ph.D. in Clinical or School Psychology or Combined.

Required experience:

- pediatric: 1 year
- assessment: 1 year