

**PLEASE POST:  
POST-DOCTORAL FELLOWSHIP OPPORTUNITIES**

**UNIVERSITY OF CALIFORNIA, SAN FRANCISCO  
SAN FRANCISCO GENERAL HOSPITAL  
PSYCHOSOCIAL MEDICINE PSYCHOLOGY TRAINING PROGRAM**

Training Coordinator: Nicole Yee, Ph.D. (Nicole.Yee@ucsf.edu or (415) 206-5918)

**Background:** San Francisco General Hospital (SFGH) is a county hospital that is committed to serving low-income and diverse ethnic and cultural minority populations. SFGH is a teaching hospital for the University of California, San Francisco (UCSF) School of Medicine. The Psychosocial Medicine Training Program offers four distinct tracks. Each track offers unique training opportunities and clinical experiences, with shared seminars. The tracks are as follows:

- 1) Primary Care Behavioral Health Team (BHT)
- 2) Trauma Recovery Center (TRC)
- 3) Division of Substance Abuse and Addiction Medicine (DSAAM)
- 4) Child and Adolescent Support, Advocacy and Resource Center (CASARC)

**1) Primary Care Behavioral Health Team (BHT)**

This track is a health and primary care psychology training experience focused on integrating mental health and primary care in the context of San Francisco's implementation of health care reform and universal access to medical care. This training offers postdoctoral fellows an opportunity to participate in an innovative program in public health and function as members of the primary care team. Fellows provide a wide range of behavioral medicine services, including brief assessment and intervention in the primary care clinic, chronic medical disease management, brief individual and group (e.g., depression, chronic pain) treatment, resource linkage, and collaborating with and consulting to primary care physicians. BHT fellows will either be based in the Family Health Center (a family practice based primary care clinic) OR at the General Medical Clinic (an internal medicine based primary care clinic). This track provides a unique opportunity to be creative, integrative and innovative and to develop a clinical specialty area in a multidisciplinary environment. Fellows typically attend the weekly Behavioral Medicine, Traumatic Stress Treatment, and Neuropsychology seminars. Contact: Nicole Yee, Ph.D. at (415) 206-5918 or Nicole.Yee@ucsf.edu.

**2) Trauma Recovery Center (TRC)**

The TRC was developed to increase access to mental health and case management services for acute and chronic victims of violence, and provide an alternative model of care focused on eliminating barriers to care. Survivors International has recently partnered with the TRC after spending the last 20 years providing essential services to immigrant survivors of torture, war trauma and gender-based violence. The combined TRC and SI program is an ideal training setting for fellows who want to learn and implement effective, evidence-based trauma assessment and treatment models for acute and chronic victims of crime, as well as immigrants seeking asylum in the U.S. due to traumas ranging from genocide to political torture and human trafficking. Treatment is not limited to posttraumatic stress disorder, as patients may experience a full range of co-morbid psychiatric conditions, including brief psychotic disorder, panic

attacks, depression, and increased substance use. Fellows in this track work closely with staff in the SFGH Emergency Department, medical inpatient units, and in the community to provide case management, psychoeducation, advocacy, assertive outreach, and psychotherapy for victims of recent sexual assaults, intimate partner violence, gunshots and stabbings, political torture and human trafficking, as well as providing evaluations and assisting immigrants seeking asylum. Fellows also attend the weekly Traumatic Stress Seminar where they receive didactic training in applying various integrated theoretical models and clinical interventions for a traumatized population. Contact: Laurie Fields, Ph.D. at (415) 437-3037 or Laurie.Fields@ucsf.edu.

### **3) Division of Substance Abuse and Addiction Medicine (DSAAM)**

Fellows in the SFGH DSAAM develop their skills in integrated mental health and substance abuse treatment in methadone maintenance, mental health, and primary care clinics. Fellows gain experience with consultation to multidisciplinary staff, differential diagnosis, case formulation from cognitive-behavioral, psychodynamic and cultural perspectives, and evidence-based individual, group, and couples/family interventions with adults with substance use disorders and co-occurring psychiatric and medical problems. Clients are diverse in culture, sexual orientation and gender identity. Most have HIV, Hepatitis C, chronic pain, cardiovascular disease or other chronic medical conditions that are complicated by their substance use. Many have post-traumatic stress, bipolar, attention deficit, and personality disorders, and substantial numbers have chronic drug induced or previously undetected psychotic disorders. Contact: Valerie Gruber, Ph.D., M.P.H. at (415) 206-3943 or Valerie.Gruber@ucsf.edu.

### **4) Child and Adolescent Support, Advocacy and Resource Center (CASARC)**

CASARC serves children and adolescents (up to age 18) who have been sexually or physically abused or who have witnessed severe violence. CASARC provides trauma-focused psychotherapy for individuals, groups and families. It is an ideal training setting for fellows who want to learn and implement effective, evidence-based child and adolescent trauma assessment and treatment models with culturally diverse families. Treatment is not limited to trauma symptoms or posttraumatic stress disorder, as children and adolescents may experience a full range of symptoms and psychiatric conditions, including ADHD, enuresis, separation anxiety, depression or other affective and behavioral disorders. Fellows in this track work closely with the CASARC medical and mental health staff to provide trainings, advocacy, assertive outreach, and psychotherapy for children and adolescents who are victims of sexual and physical abuse, or have witnessed family and community violence. Fellows will also attend the weekly Traumatic Stress Treatment Seminar, described above. Applicants must have prior training working with children and/or adolescents and be interested in developing a clinical specialty in working with traumatized children, adolescents and families. Contact: Lydia Santiago, Ph.D. at (415) 206-6824 or Lydia.Santiago@ucsf.edu or Jody Friedman, LCSW at (415) 206-6271 or Jody.Friedman@ucsf.edu.

**Supervision and Seminars:** Individual supervision is provided by a multi-disciplinary staff of licensed psychologists, board-certified psychiatrists, and licensed clinical social workers. Fellows in all four tracks come together for weekly seminars. Options for seminars include the Traumatic Stress Treatment Seminar (see description under Trauma Recovery Center above), the Behavioral Medicine Seminar (addresses psychiatric diagnoses and treatment and behavioral medicine topics), and the Neuropsychological Assessment Seminar. Additional ongoing group

supervision, case conferences and seminars, including the Department of Psychiatry Grand Rounds, are available depending on schedules and preferences.

**Cultural Diversity Training:** The UCSF-SFGH Department of Psychiatry is committed to teaching culturally competent assessment and treatment interventions. The patients at SFGH are richly diverse and represent cultures throughout the world. The Psychosocial Medicine Training Program fosters cultural formulation and competence in all areas of clinical care. Some of the tracks, such as the Primary Care Behavioral Health Team, use interpreters to provide clinical services and fellows will receive training in how to work with translators in clinical settings.

**Benefits:** Excellent training by UCSF faculty in an exciting, multicultural environment. Fellows receive 15 days of personal leave plus 13 public holidays. There is currently no monetary stipend.

**Qualifications:** Course work in psychopathology, mental health treatment, neuropsychology, health psychology, and child/adolescent psychology provide highly relevant preparation, depending on the desired training track. Experience and interest in treating chemical dependency is desirable. **Ethnic minority and bilingual applicants are strongly encouraged to apply.** Fellows will be expected to make a full-time (40 hours per week) 1-year commitment from July through June of the following year. Please note that internship training must be completed by the beginning of July to be able to participate in the full-time training year.

**Applicants must be a graduate of an APA-accredited Ph.D. or APA-accredited Psy.D. Clinical Psychology training program, completing all requirements for graduation prior to the beginning of the Postdoctoral Fellowship.**

**Application Process:** Please apply separately to the individual tracks you are interested in with a clear letter of intent stating why that particular track is a good fit for your experience and interests. Fellows will be chosen for just one track based on goodness of fit. Applicants may apply to no more than two tracks as applications should demonstrate a clear interest and commitment to the unique training focus in the specialization. Applications should include:

- 1) Letter of intent stating your experience and the track you are applying to
- 2) Curriculum vitae, including a list of your references and their contact information
- 3) Three (3) letters of recommendation

Please submit applications to the faculty contact (listed above under each track) of the track of interest as well as cced to the Training Coordinator. Preferred deadline is mid-January, though applicants may be considered later if positions are still available.