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CAPIC/MHSA Psychology Intern Stipend Program (Year 6: 2013 - 2014)

Program Overview, Stipend Eligibility and Application Procedures

Program Overview:

In September 2008, CAPIC was awarded a contract for over \$2.6 million from the California Department of Mental Health (CA/DMH) to provide stipends to psychology students doing internships in publically supported mental health agencies in California, and to develop educational materials that would help train psychologists in the Resiliency-Recovery theoretic approach to treating people with chronic mental health problems. This contract has now been assumed by OSHPD.

Over the past five years, CAPIC has awarded \$3,435,665 in stipends to 181 clinical psychology students committed to working in the California public mental health system. Over the next year, CAPIC will be awarding an additional 35 FTE stipends (*totaling \$727,020*) to another cadre of psychology doctoral students committed to working in the California public mental health system.

The next round of CAPIC/MHSA stipend applications will open on the CAPIC website on January 15, 2014 and close two months later, on April 15th. Awards will then be announced in April or May.

- **This stipend application process opens on Jan 15th on the CAPIC website: <http://www.capic.net/resources/mhsa-intern-stipend/>. Applications must be submitted online.**
- **The deadline to submit a CAPIC/MHSA stipend application is April 15, 2014.**
- **Full-Time stipends awards are \$20,772. Half-Time stipend awards are \$10,386.**
 - Award amounts are determined by an applicant's doctoral internship status.
 - Payback obligations are 6-months or 1-year, depending on the stipend award amount (HT or FT).

Stipend Eligibility:

- 1) To be eligible for this CAPIC/MHSA stipend program, a student must:
 - a) Be currently serving a doctoral internship at a "qualifying" internship site.

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- A qualifying site is an internship site for psychology students in California which is run by its county Behavioral/Mental Health department or receives some funding from its county Behavioral/Mental Health department.
 - A qualifying site need not be a CAPIC internship site. A qualified site must be county MH operated or receive some county MH funding.
 - Known Unqualified Sites:
 - Per DMH policy, sites run by the California Department of Corrections and Rehabilitation (CDCR), regardless of MH funding.
 - Kaiser-Permanente sites, since they receive no county MH funding.
- b) Be currently enrolled in a doctoral academic program in California, and working toward obtaining a doctoral-level psychology degree.
- If you have already graduated, you are not eligible.
 - Only students attending doctoral academic programs in California are eligible to apply.
 - Also, students from the following Doctoral Academic Programs are not eligible for this CAPIC/MHSA stipend program, since these programs have received their own MHSA funding from DMH/OSHPD:
 - California Institute of Integral Studies
 - Palo Alto University (formerly Pacific Graduate School of Psychology)
- c) Be completing her/his doctoral internship obligations by September 2014.
- Note: If you are currently in the online match process for internships beginning in the Fall of 2014, you are not eligible for this round of stipends, but may be eligible for the next round in 2015.
- d) Be completing all requirements for graduation that same year, including passing her/his oral dissertation defense.
- e) Be committed to obtaining a postdoctoral position at a qualifying site within six months of graduation.
- f) Be a U.S. citizen or permanent resident, and otherwise eligible for employment.

As part of this stipend application process, applicants must also complete Module 1 (entitled *Recovery and Recovery-Oriented Care*) of the CAPIC/MHSA online training modules by the application deadline (April 15, 2014) to remain eligible for the stipend.

To keep this stipend, a stipend recipient must fulfill all stipend obligations within the specified timeline. The primary stipend obligations are service (doctoral internship and postdoc) and successful completion of the CAPIC/MHSA online training modules.

Service: Completing qualified doctoral internship and postdoc employment service within the specified timeframes. A full-time award requires a full-time postdoc payback obligation of one calendar year. A half-time award requires a full-time postdoc payback obligation of six months (or half-time for one year).

Online Training Modules:

- Module #1 must be successfully completed as part of the application process.

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- Two additional CAPIC/MHSA online training modules must be successfully completed prior to the disbursement of any stipend funds.
- The remaining CAPIC/MHSA online training modules must be successfully completed by the end of the postdoc service obligation.

Failure to complete these obligations within the timeline allotted will require the reimbursement of all stipend funds received. No exceptions or waivers will be granted for completing the stipend obligations.

Stipend Application Procedures:

- 2013 - 2014 CAPIC/MHSA stipend applications open on January 15, 2014.
 - CAPIC/MHSA stipend applications close on April 15, 2014.
- Students must complete this application online on the CAPIC website (<http://www.capic.net/resources/mhsa-intern-stipend/>).
- There is no fee to apply for the CAPIC/MHSA stipend.
- There is no logon to access and complete the online application.
 - Simply click on the link to the CAPIC/MHSA stipend application to access it.
 - IMPORTANT: Because there is no logon, there is also no way to return to a partially completed application. You must complete this application in one sitting/session. You cannot save your work and later return to it.
 - We recommend you first review the required info (online or by downloading a PDF of the application), collect the needed info and compose your Personal Statement offline, and then return online to complete and submit this application.
 - Applications must be submitted online. Hardcopies will not be accepted.
 - Drop-down options are visible on printed copies, as well as online.

The CAPIC/MHSA stipend application consists of two pages with the following headings:

- Page 1
 - Personal Information
 - Basic personal identifying and contact info, plus some demographics used the selection protocol.
 - Linguistic Competency
 - You may identify up to three threshold languages that you speak fluently. Only languages identified by MHSA as threshold languages are relevant for stipend selection purposes.
 - You must include the name and contact info of someone who can verify your competency in each language selected.
 - Current Internship
 - Basic identifying and contact info for your current internship.

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- The nature of your current internship (FT, HT, funding, etc.).
 - If you are unsure whether (a) it receives county MH funding and/or (b) it is considered an integrated healthcare site*, check with your internship program (Supervisor, Financial Manager, ED).
 - * An integrated healthcare site is one which systematically coordinates physical and mental/behavioral health care. Federally Qualified Healthcare Centers (FQHC's) are by definition integrated, but other models also exist. These sites must still meet the funding criteria for a qualified site for MHSA stipend purposes.
 - The CAPIC office has a list of sites which had previously received county MH funding, but, as funding continually changes, this list is not definitive. You must verify this with your site.
- Page 1 (continued)
- Doctoral Academic Program
 - Basic identifying and contact info for your Doctoral Academic Program.
 - Your progress towards graduation.
 - Be realistic. If you don't expect to be ready to graduate by September 2014, do not apply. If you fail to meet the allotted timeline for graduating and obtaining a qualified postdoc position, you will have to return the stipend funds.
- Page 2
- Personal Statement
 - This statement must specifically answer the question of why you want to dedicate your career to helping the underserved. It must also explicitly confirm that you are willing to work for a year in a California publicly funded mental health agency following graduation, should you be selected to receive a stipend.
 - Do NOT put any personal identifying info in the Personal Statement (e.g. your name; name of your school, agency of internship, or planned postdoc.) The review committee will rate it blindly and including any personal identifying material will compromise your rating. ATTEND TO THIS PROSCRIPTION!
 - This statement cannot be longer than 1000 words. BE CAREFUL.
 - Your Statement will be cut after the 1000th word for rating.
 - You may wish to draft this Personal Statement offline, then paste it into your online application when ready.
 - Attestation
 - You are vouching that the info in your application is truthful and accurate. You are also confirming your intent to fulfill the obligations of this MHSA stipend program, should you be awarded a stipend.
 - Online Training Module Completion

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- As part of the stipend application process, applicants must also complete Module 1 (entitled *Recovery and Recovery-Oriented Care*) of the CAPIC/MHSA online training modules by the stipend application deadline (April 15, 2014). Additional details and requirements regarding these online CAPIC/MHSA training modules is given toward the end of this document.
- Click to confirm that you intend to complete Module #1 by the stipend application deadline.

When your application is complete, click “Submit” at the bottom of Page 2.

- You will receive an email with a copy of your application in PDF format.
- Emails will automatically be sent to CAPIC and to identified individuals to verify aspects of your application (e.g. Doctoral Academic Program, Language Competencies).

Within three weeks, CAPIC will inform you regarding the status of your application.

- When CAPIC confirms you have met all the eligibility requirements:
 - Your Personal Statement will be sent to the Review Committee for rating;
 - Your demographics will be tabulated for scoring;
- After the return of ratings for all Personal Statements and the tabulation of demographics, your ranking will be compared with all other applicants.

By the end of May, CAPIC will inform you whether you have been awarded a stipend.

- A formal agreement must be signed before any stipend funds will be disbursed.
- Stipends will then be disbursed to stipend awardees in two equal parts:
 - One half will be sent upon CAPIC’s receipt of the funds by CA/DMH.
 - The second half of the stipend will be sent upon confirmation that the stipend recipient has started his/her postdoc service at a qualified site.

REMEMBER: You must complete this online stipend application in one sitting/session. You cannot save your work and later return to it. Also, you must submit it (and separately complete online training module #1) by April 15, 2014.

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CAPIC/MHSA Online Training Modules:

As part of this CAPIC/MHSA stipend program, CAPIC created these online training modules which focus on the Resiliency-Recovery theoretic approach to treating people with chronic mental health problems.

As noted above, stipend applicants must complete Module 1 (*Recovery and Recovery-Oriented Care*) by the stipend application deadline (April 15, 2014). Two additional CAPIC/MHSA online training modules must be successfully completed prior to the

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disbursement of any stipend funds. The remaining CAPIC/MHSA online training modules must be successfully completed by the end of the postdoc service obligation.

These CAPIC/MHSA online training modules are available through the [CAPIC website](#). Each module is made up of 8 parts: (1) Module Introduction; (2) Goals and Learning Objectives; (3) Reading List; (4) Video Introduction (5 minutes); (5) Video Lecture (approx. 50 minutes); (6) PowerPoint Presentation of Lecture Materials; (7) Study Questions and Online Discussion Board; and (8) Course Evaluation and Multiple-Choice Examination.

Each module was developed as a stand-alone learning experience. After completing the module titled “Recovery and Recovery Oriented Care,” stipend recipients may choose the order in which to complete the remaining online modules.

To make maximum use of each learning module stipend recipients should work through the module in the order presented:

1. Read the Introduction to the Topic
2. Read the Goals & Learning Objectives
3. Read all articles on the Reading List. Some presenters also provide additional reading, labeled “Reference List,” if you are particularly interested in learning more about the topic you will find these references very useful in your self-learning process.
4. You should be able to access most materials on the recommended reading list through the online journal search at your doctoral academic program.
5. Watch the video titled Introduction to the Speaker
6. Watch the video of the Lecture Video
7. Review content of the lecture by viewing the Slide Show slide presentation of the lecture.
8. Review the Study Questions, post your responses on the online Discussion Board/BBS, and see posted responses from others.
 - NOTE: Responses to the study questions are posted on a group discussion board for review by all participants who have completed that specific module.
 - NOTE: To register on the BBS, you will need to enter the following registration code: “C@PIC34”. This is done to avoid spammers.
9. When you feel prepared, take the Exam at the end of the module. While you take the exam you are free to use any material from the module itself, any notes you have made, or any other resources you have on this topic. Remember, the examination may cover material from all areas of the module, not just the lecture and the readings.

In order to successfully complete a module, a score of at least 75% correct on the examination must be met. The examination is scored immediately upon completion and shared with the stipend recipient. Should you not achieve a passing score you must

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retake the examination, but there will be a different set of questions on the second, and any subsequent tests. CAPIC is also informed of all passing scores.

Again, these training modules are available through the CAPIC [website](#). Click [here](#) to directly access the modules. Best of success!