



CAPIC and the MHSA Educational Stipend Program for Clinical Psychologists

CAPIC Background:

CAPIC was founded in 1991 as a consortium of doctoral academic programs and doctoral internship agencies, adding postdoctoral program members a few years ago. Founders recognized that by working together they could increase the quality of professional psychology training throughout the entire education trajectory, as well as better train psychologists to serve population needs.

Today, CAPIC doctoral internship programs cover nearly the entire state of California, including all five MHSA regions. Last year, CAPIC placed 420 students in CAPIC doctoral internships. Below are CAPIC program membership figures (as of 06/01/2014):

38 Doctoral Academic Programs

36 In-State Members (17 APA Accredited)

2 Out-of-State Associate Members

131 Doctoral Internship Programs

80 with Full-Time Internships

114 with Half-Time 1-Year Internships

27 with Half-Time 2-Year Internships

24 Postdoctoral Training Programs

CAPIC Mission:

CAPIC's mission is to promote excellence in professional psychology training and mental health services. To this end, CAPIC:

- Ψ Works collaboratively with all the stakeholders and professional psychology organizations in furthering the quality of professional psychology training;
- Ψ Serves as a leader in centralizing doctoral internship training;
- Ψ Promotes standards and innovation in professional psychology training to provide clinical services to the state's diverse communities;
- Ψ Collaborates and advocates for access to training stipends for psychology interns and training resources for agencies; and
- Ψ Develops ethical internship training environments that are sensitive to issues of diversity and culture.

CAPIC/MHSA Stipend Program Overview:

This CAPIC/MHSA psychology intern stipend program is funded by the Mental Health Services Act (MHSA/ Prop 63). In September 2008, CAPIC was awarded an MHSA contract by the California Department of Mental Health (CA/DMH) to provide stipends to psychology students serving internships in publicly supported mental health agencies in California, in keeping with MHSA Workforce, Education and Training (WET) goals. Under this MHSA contract, CAPIC has also developed educational materials to train psychologists in the Resiliency-Recovery theoretic approach to treating people with chronic mental health problems.

In 2011, the original CAPIC/MHSA contract was extended an additional five years, allowing for three additional years of stipend awards and opportunities to develop educational materials. In July 2012, MHSA contract responsibilities were shifted from CA/DMH to other state agencies, primarily the Office of Statewide Health Planning and Development (OSHPD), the Department of Healthcare Services and the Department of State Hospitals.

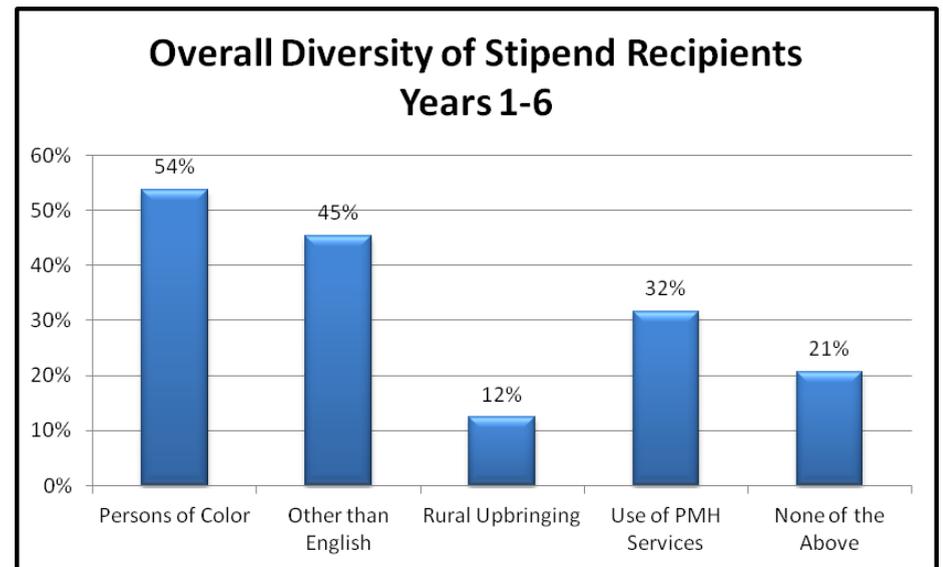
CAPIC/MHSA Psychology Intern Stipends:

CAPIC has awarded \$4,121,185 in stipends over the past six years to a total of 218 clinical psychology students committed to working in the California public mental health system. Each full-time stipend is \$20,772.

The awardees of the 2013-2014 (Year 6) round of CAPIC/MHSA stipend awards were announced in June 2014 and are posted on our website: www.capic.net. The 2013-2014 period (Year 6) represents the final year that CAPIC will be issuing stipends under its current MHSA contract.

We are honored and proud to have been able to advocate for psychology in public mental health settings these past several years, and we are especially proud of the students who have been a part of this important program.

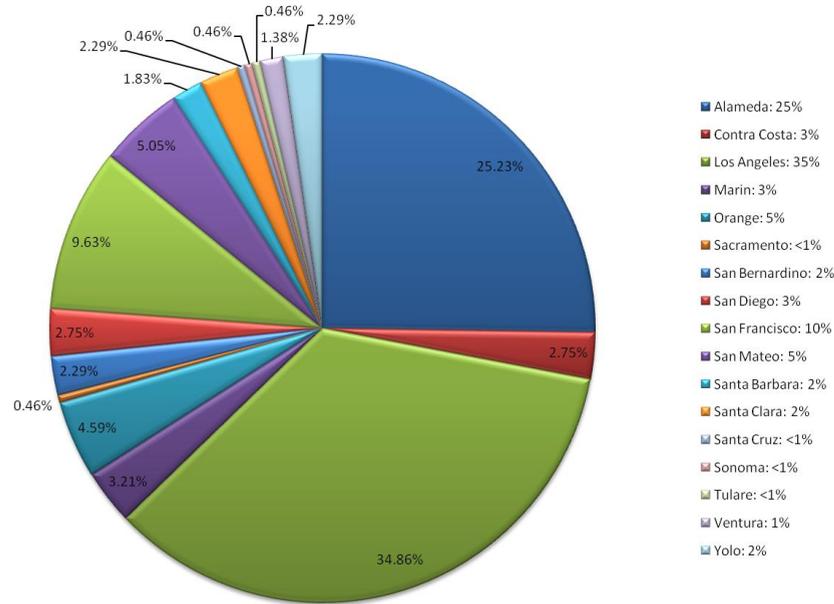
CAPIC/MHSA stipend recipients represent the diversity of California's population, and in particular the unserved and/or underserved mental health client population. The overall diversity (e.g. ethnicity, language competency, and rural upbringing) of the CAPIC/MHSA stipend recipients is shown in the following chart.



CAPIC has also recognized the need for integrating mental health into overall health services. Over the past two years, CAPIC has promoted internship service at integrated mental health (IMH) settings. In Year 5 (2012-2013) approximately 30% of stipend awardees were serving doctoral internships at IMH settings. In Year 6 (2013-2014), the percentage of stipend awardees at IMH settings increased even further, to 40%.

CAPIC/MHSA stipend recipients provide their doctoral internship and postdoctoral service to a geographic cross-section of California. While service by stipend recipients is naturally clustered in population centers, it does cover a significant geographic area, with placements in 17 counties across the state. On the following page are the doctoral internship and postdoctoral service breakout by county for CAPIC/MHSA stipend recipients from Years 1 – 6.

Stipend Recipient Predoc Service by County: Years 1-6



Online Training Modules Overview:

In addition to managing this MHSA stipend program, CAPIC has created online training modules which focus on the Resiliency-Recovery theoretic approach to treating people with chronic mental health problems. CAPIC/MHSA stipend recipients are required to complete all of these online modules in order to keep their stipend award.

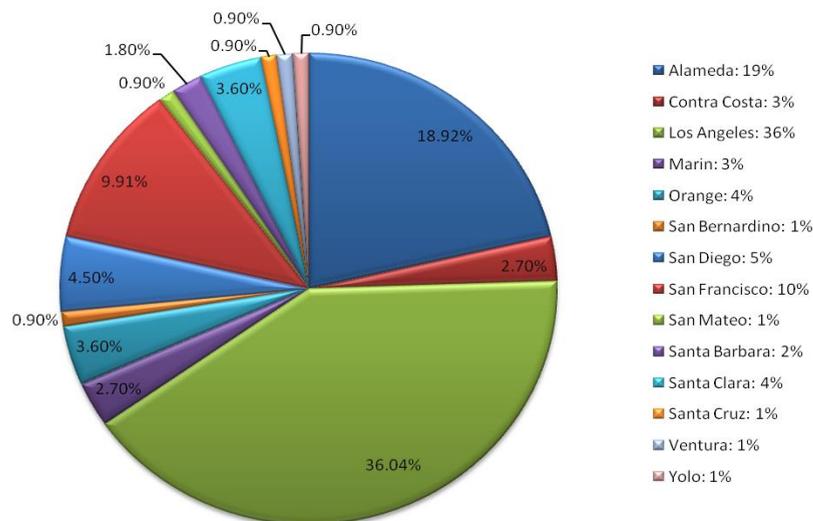
These online training modules, being funded by MHSA, are also available to the public free of charge.

These online training modules are meant for use broadly by mental health professionals, from peer counselors to MFTs, LCSWs, nurse practitioners, psychiatrists, and others, as well as by psychology interns.

Each online training module consists of the following components:

- Ψ Module Introduction
- Ψ Goals and Learning Objectives
- Ψ Reading List
- Ψ Video Introduction (5 minutes)
- Ψ Video Lecture (1 hour)
- Ψ PowerPoint Presentation of Lecture Materials
- Ψ Study Questions and Online Discussion Board
- Ψ Course Evaluation and
- Ψ Multiple-Choice Examination

Stipend Recipient Postdoc Service by County (Years 1-5 only. Year 6 recipients are not yet in postdoc status)



Online Training Module Curriculum:

CAPIC's online training modules focus on the Resiliency-Recovery theoretic approach to treating people with chronic mental health problems. The titles of these training modules and the mental health professionals who created them are given below:

1. *Recovery and Recovery Oriented Care*,
Susanna Friedlander, PhD
2. *Homelessness & Poverty: Mental Health Needs and Treatments for the Homeless Mentally Ill*, LaTonya Wood, PhD.
3. *Supportive Employment as an Evidence Based Practice for the Severely and Chronically Mentally Ill*, LaTonya Wood, PhD
4. *Severe Mental Disorders: Treatment and Systems of Care*,
Haydee Montenegro, PsyD
5. *Poverty, SES, Health, and Health Care: Epidemiology and the Needs of Public Mental Health Clients*,
Haydee Montenegro, PsyD
6. *Advocacy and Public Policy in Professional Psychology*,
Gilbert Newman, PhD
7. *Supervision in Professional Psychology*,
Gilbert Newman, PhD
8. *Cognitive Behavioral Interventions in the Treatment of Substance Abuse*, Melodie Schaefer, PsyD
9. *Trauma and Substance Abuse: Considerations in Assessment and Treatment*, Melodie Schaefer, PsyD
10. *Substance Abuse and Working with Families: Special Consideration for Treatment*, Melodie Schaefer, PsyD
11. *Health & Mental Health: Assuring Needed Care to All*,
Linda Garcia-Shelton, PhD, MHSA, & Katrina Miller, MD
12. *Evidenced Based Practice in Public Mental Health Settings*,
Linda Garcia-Shelton, PhD, MHSA
13. *Working Effectively with Culturally Diverse Populations in the Public Mental Health System*, Matthew Mock, PhD
14. *Pharmacology for Clinicians: A CAPIC Workshop*,
Patricia Wood, PhD

Additional online training modules are being produced and are expected to be published before the end of 2014.

Continuing Education (CE) Credits:

Beyond their use as training/educational resources, each of these online training modules is approved for 2.0 hours of Continuing Education (CE) credits for California-licensed Mental Health clinicians. There is a \$15 fee for processing these CE credits, which is being managed in partnership with Alliant International University. If one is not seeking CE credits, there is no CE administration fee and no cost for using these online modules.

Regardless of whether one is seeking CE credits, we hope the knowledge gained will serve users in their professional endeavors and in the care they provide their clients.

For more info about this CAPIC/MHSA psychology intern stipend program, please visit the CAPIC website at: www.capic.net or contact the CAPIC office via phone at 925-969-4550 or via email at capicassist@capic.net.

For more info on MHSA and WET, please visit their website at: http://www.dmh.ca.gov/Prop_63/MHSA/Workforce_Education_and_Training.