

## CAPIC Post-Doctoral Directory Agency Profile

**Name: La Familia Out Patient**  
 Street Address: 26081 Mocine Ave  
 Hayward, Ca 94544

**County:** Alameda

**Date:** 12/21/2009

**Contact Person:** Lorie Palmer Ed.D  
**Contact's Title:** Director of Training  
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**Agency Description:** La Familia Counseling Service is a non profit multi-service agency founded in 1975 to provide a wide variety of services to a predominantly Latino community. We have a variety of programs including Out-Patient Psychotherapy, Children's Day Treatment, Developmental Disabilities Case Management, Children at risk Case Management, and Youth Program and other Social Services. Interns will work either at our Out-Patient Clinic or at the children's Day Treatment.

Our Out-Patient program provides psychological and psychiatric services to adults, children and families. We train interns to provide culturally sensitive psychodynamically oriented individual psychotherapy, structural family therapy, couples therapy, child psychotherapy, psychological assessments, and occasionally group therapy.

**Agency Mission /Objective:** It is our objective to provide quality psychological services to low-and mid-income residents in the Hayward community and at the same time provide quality psychotherapy training to graduate students attending the local freestanding professional schools and universities.

**Type of Training:**  Long-term  Inpatient  Individual  Family  Crisis  Neuropsych  
 Brief  Outpatient  Group  Couples  Assessment  Consultation  
 Infant-Family Therapy

**Theoretical Orientation:** Psychodynamic/Object Relations Theory and Psychoanalytic Theory. Attachment Theory ( Parent infant bonding work). We also provide training in Structural Family Therapy and Brief Strategic Family Therapy.

**Population:**  
 Adults, couples, families and parent infant dyads

**Staff: Please list number of staff by degree/professional licenses**  
 Robin Furner MFT 44794 Clinical Director      Marcia Van Dyke Ph.D Staff/Supervisor      Roger Lauer M.D Medical Director  
 Lorie Palmer Ed.D PSY 21582 Director of Training      Marcie Rubel LCSW Staff/Supervisor

**(2010-2011 Training Year)**  
**# of Placements:** 2      **Duration:** 11 months      **Hours/Week:** 40hrs

**Post-Doctoral Trainees will be:**  Registered Psychologist  Psych. Assistant  Exempt Setting

**Paid:** 25,000      **Hours of Individual Supervision:** 2      **Hours of Group Supervision:** 5

**Training and Education:** 2 hours individual supervision, 1 hour staff meeting, 1.5 hours didactic seminar, 1.5 hour case conference, 1 hour follow up case conference. Didactic seminar is broken down into 4 units through out the year: Orientation, Basic Psychodynamic Concepts, Family Systems, Infant Mental Health/Child and Adolescence Psychotherapy. In addition Interns have access to seminars on Group theories, and classrooms interventions depending on their areas of focus. We expect that by the end of the training year, the post doc will have acquired more autonomy, regarding assessment and a deeper understanding of level of function of their patients, mastered the intake process, capable of informal group and individual supervision and have developed a grounded theoretical model which to apply clinical interventions. Postdoctoral students will have developed enough clinical skills to be competent enough to work independently in a non profit organization. We use a micro-analysis format for examining transcripts of clinical interaction, videotape presentation of cases and on occasion, less formal presentations of cases as well.

**X- Cultural Training:**The clinical staff is almost entirely bilingual in Spanish and English.In addition to formal presentations on multicultural issues virtually every case conference attends, by necessity, to the multicultural issues involved, whether it is a bi-cultural therapeutic dyad, a bilingual therapy, an emigration related problem, or some other related issue. The Case Presentations have been in Spanish (especially family videos) with bilingual Post doc Trainee's

**PostDoc Responsibilities:** For the Out-Patient Clinic:Individual training will focus on the fine tuning of already well developed clinical skills. Will be individually tailored to fit the trainees' needs, or gaps in previous training. Will have a stronger focus on transference and counter-transference tracking, and using these patterns to better understand interaction between client and trainee dynamics. Postdoctoral trainee will implement more sophisticated interventions and understanding of clinical material than a pre-doctoral trainee. The post doc will have achieved more professional development and developing confidence in one's capacity to function as an autonomous clinician. A postdoctoral trainee will be encouraged to informally supervise pre-doctoral students and serve a role model in having developed their own clinical style in addition to being more informed of theory and how clinical interventions are informed by theory. \*\* Will be expected to function with a certain amount of autonomy, somewhat similar to the role of a staff person (with appropriate guidance and supervision of course).\*\* May provide individual or group supervision to beginning trainees.\*\* Will be trained to conduct initial telephone intakes, and will be expected to devote 2 to 5 hours weekly to conducting phone intakes, interns and practicum students are not expected to do this.\*\*Will provide more initial evaluations and assessments and or informally supervise interns\*\*Will have a much larger case load of adult, child, and family therapy sessions, than pre doctoral students\*\* May be expected to provide some services off site (i.e. case management, see a client in the hospital, in group home, visit at their residence, or attend an IEP meeting, etc.) Again, intern's are not expected to do this.

**Prerequisites:** Psychodynamic training and family systems desirable

**Application Procedures:** Submit cover letter summarizing background and current interest in the program at La Familia; curriculum vitae; 2 letters of recommendation. Post Doctoral Students must be prepared to discuss interests in psychology, psychotherapy, psychoanalytic work, family work and to discuss 1-2 cases.

**Number of Applicants last year:**

2

**Application Deadline:** We begin accepting and collecting applications, prioritizing Spanish fluency in January –late March. We interview face to face with Director of Training

**Are you participating in the Northern California College Counseling Centers Uniform Notificaton Day?**

yes

**Additional Comments:**



